

*You don't have many contacts yet and would like to meet a family from Switzerland?*

## **Family tandem** (Familiertandem)

The "Familiertandem" supports families with a refugee or migration background and resident families in getting in touch with each other, and promotes an exchange on a friendship basis. The families meet twice a month and spend time together.

For instance, you visit a playground or a café together, or go for a walk. You can make new contacts, practice your German, and get to know new places in the neighborhood.

You live in Altstetten, Seebach, Schlieren or Adliswil? We are happy to find a suitable family for you and accompany your tandem.

How it works:

1. I will send you a profile via Whatsapp, email or mail. If you want to meet a family, you fill in the profile and send it back to me. With this you have registered.
2. We meet once in a café or at your place, so that I can get to know you and your family better.
3. I will look for a suitable family for you. Sometimes this happens quickly, sometimes it takes longer, please be patient.
4. When I have found a family, I will send you their profile and we will organize a meeting.
5. At the meeting you get to know each other, we sign the agreement, and the tandem can start. From then on you will organize the regular exchange with your tandem family yourself.
6. I am always available to the tandems for questions and challenges.

The tandems last about 6-12 months but can of course be continued if both parties are interested.

Please contact me if you are interested or have any questions:

Whatsapp: 079 632 70 33

phone: 044 206 30 61

Email: [familiertandem@vsjf.ch](mailto:familiertandem@vsjf.ch)

Website: [www.familiertandem.ch](http://www.familiertandem.ch)

I look forward to getting to know you!

Project Coordinator Family Tandem